

Blue Cypress Essential Oil

BLUE CYPRESS

Soothe
Skin
Issues

Helps with
Respiratory
Support

Soothe
Reddened
Skin

Supports
Emotional
Concerns

Soothe
Bug
Bites

Clean
Minor
Wounds

Product Details

Botanical Name: Callitris intratropica

Country of Origin: Australia

Extraction Method: Steam Distilled

Plant Part: Wood

Strength of Aroma: Weak

KidSafe: Yes

Cautions: Should not be used with pregnancy breastfeeding mothers.



Description

This lovely blue oil is obtained by steam distilling the wood of this native Australian tree. The only other "blue" essential oils known in aromatherapy are obtained from flowers (e.g., German Chamomile, Blue Tansy). There is evidence that native aboriginal peoples of Australia have used this plant medicinally for many generations. Like most of the "blue" oils, Blue Cypress is a wonderful support for reddened, congested skin, can help keep minor skin breaks "clean", soothe bug bites, and can help with respiratory support. For emotional uses, it is felt to be calming and soothing to a restless spirit. It has been used in perfumery as a "fixative" and as a grounding note in essential oil blends.

Directions

Add equal amounts of Blue Cypress, Myrrh, and Frankincense Carteri to a carrier oil (Fractionated Coconut, Jojoba) and apply to reddened, irritated skin at a 1-3% dilution. Diffuse Blue Cypress with any floral oil (Rose, Ylang Ylang) for soothing the mind; Blue Cypress also blends well with most citrus oils.

Blends Well With

Black Pepper, Cedarwood Atlas, Cedarwood Virginian, Copaiba, Cypress, Helichrysum, Italicum, Lavender, Lemon, Rose Absolute, Sandalwood, Turmeric CO2.