Balsam Fir Essential Oil



Fresh Evergreen-Tree Scent

Excellent for Holiday Blends

Soothing on Tired Muscles

Clearing and Cool as a Chest Rub

> Balances Emotions

Echoes the
Calming Peace
of Nature

Product Details

Botanical Name: Abies balsamea

Country of Origin: Canada

Extraction Method: Steam Distilled

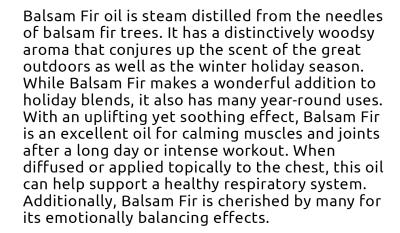
Plant Part: Needles

Strength of Aroma: Medium

Cautions: None Known

KidSafe: Yes

Description



Directions

For muscle relief after strenuous exercise, dilute to 2-5% in a carrier oil of your choice and massage into the affected areas. Alternatively, you can add a few drops to your favorite unscented lotion. For respiratory distress, diffuse Balsam Fir oil, apply diluted to your chest or add a few drops to a warm bath.

Blends Well With

Black Pepper, Cajeput, Cedarwood, Citronella, Eucalyptus, Frankincense, Ginger, Juniper Berry, Lavender, Lemon, Niaouli, Peppermint, Pine, Rosemary, Spruce, and Tea Tree

PLANT THERAPY*
100% PURE ESSINITIAL DIS

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than dilate

Balsam Fir
Abies bulsamea

Net 1/3 ft. oz. (10 mL)

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