# Balm Mint Bush Essential Oil PLANT THERAPY 100% PURE ESSENTIAL OILS



Herbaceous

An Uplifting, Invigorating, Positive Oil

> Blends Well Oils

Use in a Refreshing Deodorant

May Help Deter Outdoor Pests

## **Product Details**

**Botanical Name:** Prostanthera

melissifolia

Country of Origin: Australia

**Extraction Method:** Steam Distilled

**Plant Part:** Leaves

Strength of Aroma: Strong

Cautions: None Known

KidSafe: Yes

## Description

Australian Balm Mint Bush essential oil is steam distilled from wild harvested leaves found in Victoria's mountain eucalyptus forests. The intensely refreshing oil imparts a rich mint aroma with crisp eucalyptus notes and is known for its highly uplifting, cleansing and clearing properties. It is prized for a wide range of uses, including helping with teenage skin issues and serving as a natural household surface cleaner. This oil has also been used to ease respiratory agitation.

### Directions

Add Balm Mint Bush oil to a diffuser to create an energizing and uplifting atmosphere. Use in a massage oil for a revitalizing experience. Balm Mint Bush also blends well with other refreshing essential oils such as Citronella, many Eucalyptus oils, Lavender, Lemon, Peppermint, Rosemary and Tea Tree.

#### Blends Well With

Basil Linalool, Cajeput, Cardamom, Cedarwood (All Types), Citronella, Eucalyptus Globulus, Frankincense (All Types), Lavender, Lemon, Peppermint, Rosalina, Rosemary, Sandalwood, Spearmint, Sweet Orange, and Tea Tree.

