

Amyris Essential Oil

Relaxing
Before
Bedtime

Soothing
& Uplifting

Aphrodisiac

Great for
Mature Skin

Improves
Skin Texture

Improves
Appearance
of Fine Lines

Product Details

Botanical Name: Amyris balsamifera

Country of Origin: Haiti

Extraction Method: Steam Distilled

Plant Part: Wood

Strength of Aroma: Medium

KidSafe: Yes

Cautions: None Known



Description

Amyris is a thick, pale yellow essential oil steam distilled from the wood of a tree native to Haiti and other tropical climates. Because of its very high oil content, native peoples burned it as a torch to light their path through darkness; so another name for it is Torchwood. Amyris is also sometimes called West Indian Sandalwood; however, its properties are different and it is not botanically related to true Sandalwood oil.

Directions

Amyris essential oil is superb for relaxation and de-stressing, particularly before sleep. Add 4-5 drops Amyris to your diffuser about 1 hour before going to bed, or add 4 drops Amyris, 2 drops Roman Chamomile, 2 drops Mandarin, and 1 drop Valerian Root essential oils to 1 ounce of lotion or carrier oil and massage onto the upper chest, back of neck, or arms.

Amyris, 1 drop Jasmine Absolute and 1 drop Rose Absolute to help set a mood. You can substitute 1 drop Patchouli or Ylang Ylang for the Rose or Jasmine.

Amyris is also used to help improve the appearance of fine lines and the texture of mature skin. Add 3 drops Amyris, 3 drops Frankincense Freareana, 2 drops Bergamot, and 1 drop Neroli for sheer skin bliss!

Blends Well With

Cedarwood Atlas, Cedarwood Himalayan, Citronella, Cypress, Frankincense, Jasmine Absolute, Lavandin, Lemon, Mandarin, Rose Absolute, Sandalwood, and Orange.

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